

THE EPISCOPAL CHURCH OF THE
Heavenly Rest

Welcome!

We're so glad you're here. Church of the Heavenly Rest is a spiritual home where everyone can experience God's love in the ways that we care for one another. Together, as a community, we share our gifts and build bridges to our neighbors. We are a parish committed to discipleship and reconciliation. Please introduce yourself to the clergy after the service; we would love to meet you.

The Service Today

The order of service can be found in the leaflet; page numbers refer to the Book of Common Prayer and the hymnal found in the pews. All are welcome to receive Holy Communion here. We believe that it is God's table, that God sets it for anyone who is hungry: here, God never turns anyone away. If you'd rather come forward for a blessing, please indicate that by crossing your arms over your chest.

Today at Heavenly Rest

Sunday Forum & Questioning Faith

There will be no Sunday Forum and Questioning Faith today - Merry Christmas! Regular programs will resume on January 7.

Children's Chapel

Children ages three through third grade are welcome to join us for a simple service with lessons and crafts - during the **10:30am** service.

Coffee Hour

Immediately following the 10:30am service. Come meet other members of Heavenly Rest for conversation and refreshments.

Christmas Pageants!

The Heavenly Rest Christmas Pageant, originally conceived by Janet Hayes Walker, has been an essential holiday tradition on the Upper East Side for over 50 years. Please join us for a wondrous retelling of the Nativity story in scripture and carols. Children from the parish and the community sing every role - you won't want to miss it! Today at **3:30pm** and **5pm** in the Church - admission is free.

Christmas Eve Service in the Church - 11pm.

Please join us in celebrating the birth of Christ, tonight at our Christmas Eve service. There will be a musical prelude beginning at 10:15pm.

Church Office Closures

Please note that Heavenly Rest's Church Offices will be closed December 25 and 26 as well as New Year's Day, January 1.

OUR CLERGY want to hear from YOU!

The Rev. Matthew Heyd, Rector mheyd@heavenlyrest.org

The Rev. Cynthia Stravers, Associate Rector cstravers@heavenlyrest.org

The Rev. Tuesday Rupp, Associate Rector trupp@heavenlyrest.org

Church Office info@heavenlyrest.org | 212-289-3400

www.heavenlyrest.org

THE MESSENGER

December 24, 2017 | The Fourth Sunday of Advent

Weekly Services

SUNDAYS

8am, 9am, 10:30am & 7pm

MONDAYS Meditation - 6:15pm

WEDNESDAYS - Noon & 6:30pm

SATURDAYS - Noon

WEEKDAYS Morning Prayer - 8am

DAILY

Open daily for prayer & meditation
7:30am - 7pm



Church of the Heavenly Rest



@heavenlyrestnyc

COMING UP

CHRISTMAS SERVICES AT CHR

Christmas Eve - Today, December 24

3:30pm and 5pm Christmas Pageant in the Church
6pm Holy Eucharist in the Chapel
10:15pm Musical Prelude
11pm Festival Holy Eucharist for the Eve of the Nativity

Christmas Day - Monday, December 25

10:30am Holy Eucharist in the Church

The Feast of the Epiphany - Saturday, January 6

Noon Special Noonday Prayer

CHRISTIAN FORMATION

Art Walk with Roland de Fries

You are invited to go on an Art Walk at the Metropolitan Museum of Art with artist Roland de Fries on **Sunday, February 11 from 2pm-4pm**. Roland will lead us on a journey of visual depictions of ethereal images from the Old Testament, especially Genesis. Please wear comfortable shoes as this tour involves some walking. Space is limited to 20, and offered on a first-come basis. Sign up with the Rev. Tuesday, trupp@heavenlyrest.org.

Lenten Reflection Book

Calling all authors, poets, artists, photographers, and puzzle-makers of all ages: We are seeking submissions for the 2018 CHR Lenten Reflections Booklet which will have reflections for every day of Lent and Holy Week. All reflections are due by January 15. The booklet will be available to all members of the parish and on our website. Please contact Tuesday Rupp, trupp@heavenlyrest.org for more information or to sign-up.

Our Prayers

We have been asked to pray for these people:

Art, Zach, Jim and Rosalee, Sofie, Peter, Ken, Angelica, Emil, Ashley, Anna, Sara, Cynthia, Jacqueline, Mary Elizabeth, Barbara, Harvey and Nelda, Bonnie, Amber and her family, Bishop Daniel and his family, and Phil.

Rest of the soul: Anne Miller Daniel, Donald Ebel, Mary Parkman, Sarah Anne O'Reilly Fox

Need a prayer? If you or a member of your family is in need of a prayer, please call the church office at [212-289-3400](tel:212-289-3400).

PARISH LIFE

Children and Families Epiphany Party

All children and families are invited to the Rectory on **Sunday, January 7 at Noon** for a party to celebrate the Three Kings. There will be a puppet show for the children, food for everyone, and King cakes. Come help us celebrate the coming of the Kings.

Support CHR Staff for the Holidays

Our front-line staff are the folks who keep the building safe, in good working order, care for our children, and greet you when you arrive. To brighten their holiday, please consider donating toward a Christmas bonus. Gift checks can be made to Church of the Heavenly Rest with "Staff Christmas" in the memo line.

The Return of Thrift!

On **January 20 from 10am to 4pm** we will have our first Thrift Sale since May. We are accepting donations of men's, women's and children's clothing, housewares, small appliances, sports equipment, toys, and costume jewelry. We also accept fine knick knacks that we sell at our 'special finds' table. Please mark your calendar for this fun event that benefits our church – and remember CHR when clearing out closets and apartments. Donations accepted at Fifth Avenue entrance (tax receipt available).

Church Office Closure

Please note that the church offices will be closed on **Christmas, December 25, Monday, December 26 and New Year's Day, January 1.**

Annual Meeting - Save the Date!

Sunday, January 28 immediately following the 10:30am service.

MERRY CHRISTMAS!

Merry Christmas from the clergy and staff at Church of the Heavenly Rest! We wish you a blessed holiday season and safe travels.

WARDENS & VESTRY

Wardens: Caroline Williamson, Evan Davis | Treasurer: Jo Dare Mitchell

Vestry: PJ Camp, Ann Collins, Lindsey Counts, Ted Donovan, Josh Doyle, Holly Hughes, Adam MacDonald, Suzanne Matthews
Douglas McIntyre, Margaret McQuade, Elizabeth Stevens, Allyson Tang, Judith Washam, Gail Zimmermann