

## The Great Thanksgiving

Prayer 2, *Enriching Our Worship*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Celebrant* We praise you and we bless you, holy and gracious God, source of life abundant. ... And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing

## Sanctus and Benedictus

*Sung by all*

*New Plainsong*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 hea - ven and earth are full of your glo - ry. Ho - san - na  
 in the high - est. Bless - ed is he who comes in the  
 name of the Lord. Ho - san - na in the high - est.

*All may stand or kneel.*

*Celebrant* Glory and honor and praise to you, holy and living God. ... Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

*People* **Amen.**

## The Lord's Prayer

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

*All* **Our Father, who art in heaven, hallowed be thy Name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

### Fraction Anthem

*Sung by all*

*New Plainsong*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
 Christ our Pass - o - ver is sac - ri - ficed for us,  
 there - fore let us keep the feast. Al - le -  
 lu - ia, al - le - lu - ia, al - le - lu - ia.

## The Communion of the People

*All who seek God, and are drawn to Jesus Christ, are welcome to receive the bread and wine at Christ's table. Those who do not wish to receive may come forward for a blessing, indicated by crossing your arms over your chest.*

### Anthem

*John Rutter* (b. 1945)

Deep peace of the running wave to you,  
 Deep peace of the flowing air to you,  
 Deep peace of the quiet earth to you,  
 Deep peace of the shining stars to you,  
 Deep peace of the gentle night to you,  
 Moon and stars pour their healing light on you,  
 Deep peace of Christ, the light of the world to you.  
 Deep peace of Christ to you.

*Words:* adapted from an old Gaelic rune

*All may stand.*

### Post-Communion Prayer

*Celebrant and People*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### The Blessing

#### Hymn 537 (cc)

Christ for the world we sing!

MOSCOW

#### Dismissal

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

#### Postlude

Sortie

*Alexandre Guilmant*  
(1837–1911)

(cc) indicates congregational choice hymn

**Permissions:** Service music from *New Plainsong*, music by David Hurd (b. 1950). *We give thee but thine own*, words by William Walsham How (1823–1927); music, *Nova Vita* by Lister R. Peace (1885–1969). All music reprinted under OneLicense.net #A-716302.

**The altar flowers** are given to the glory of God and in loving memory of her mother, Elizabeth Wayne Plume, by the late Mrs. John A. Hance; and of Josephine B. Mallace, by her husband.

The Rev. Matthew Heyd, *Rector*  
 The Rev. Cynthia Stravers, *Associate Rector*  
 The Rev. Tuesday Rupp, *Associate Rector*  
 The Rev. Dr. Euan Cameron, *Priest Associate*  
 The Rev. Robert M. Pennoyer II, *Priest Associate*  
 The Rev. Margaret Rose, *Priest Associate*  
 Mollie Nichols, *Director of Music*  
 Steven E. Lawson, *Assisting Organist*

## THE EPISCOPAL CHURCH OF THE HEAVENLY REST

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# Church of the Heavenly Rest

Fifth Avenue at 90<sup>th</sup> Street in the City and Diocese of New York  
 February 4, 2018 at 10:30 am

## The Fifth Sunday after the Epiphany

Holy Eucharist



*Children are welcome in all of our services. Books, coloring supplies, and art boards are available at the back to use and enjoy. If you'd like to take advantage of our well-staffed and well-stocked Nursery, please see an Usher for directions. This is a safe and fun place for children up to three years of age. If you have any questions contact Rbonda at rsarrazin@heavenlyrest.org.*

### Prelude

Choral Song

*Samuel Sebastian Wesley*  
(1810–1876)

*All may stand for the procession.*

### Hymn 423 (cc)

Immortal, invisible, God only wise

ST. DENIO

### The Acclamation and Collect for Purity

*Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and for ever. Amen.**

*Priest* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

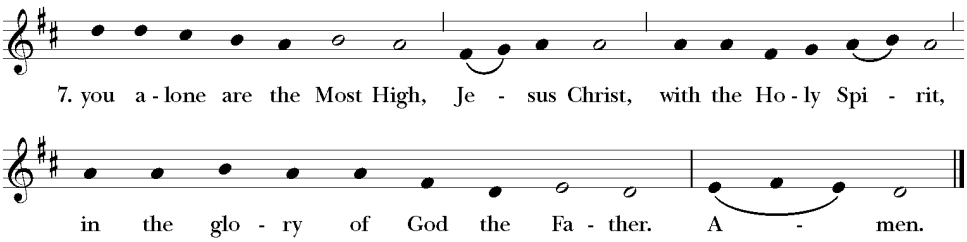
*People* **Amen.**

### Gloria in excelsis

*Sung by all*

*New Plainsong*

1. Glo - ry to God in the high - est, and peace to his peo - ple on earth.  
 2. Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,  
 we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ,  
 on - ly Son of the Fa - ther, Lord God, Lamb of God,  
 4. you take a - way the sin of the world; have mer - cy on us;  
 5. you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.  
 6. For you a - lone are the Ho - ly One, you a - lone are the Lord,



**The Collect of the Day**

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*People* **Amen.**

**The Liturgy of the Word**

*All are seated.*

**The First Lesson**

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the LORD, and my right is disregarded by my God”? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

*Lector* Hear what the Spirit is saying to the people.

*People* **Thanks be to God.**

**The Psalter** – Psalm 147:1-7

Anglican chant: *George Thalben-Ball*

Hallelujah!  
 How good it is to sing praises to our God! \*  
 how pleasant it is to honor him with praise!  
 The LORD rebuilds Jerusalem; \*  
 he gathers the exiles of Israel.  
 He heals the brokenhearted \*  
 and binds up their wounds.  
 He counts the number of the stars \*  
 and calls them all by their names.  
 Great is our LORD and mighty in power; \*  
 there is no limit to his wisdom.  
 The LORD lifts up the lowly, \*  
 but casts the wicked to the ground.  
 Sing to the LORD with thanksgiving; \*  
 make music to our God upon the harp.

**The Second Lesson**

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God’s law but am under Christ’s law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Lector* Hear what the Spirit is saying to the people.

*People* **Thanks be to God.**

*All may stand.*

**Sequence Hymn 470** (cc)

There’s a wideness

BEECHER

**The Gospel**

Mark 1:29-39

*Gospeler* The Holy Gospel of our Lord Jesus Christ, according to Mark.

*People* **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Gospeler* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*All are seated.*

**The Sermon**

The Rev. Tuesday Rupp

*All may stand.*

**The Nicene Creed**

*Said by all*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**The Prayers of the People**

*The congregation is encouraged to add their prayers during each of the silences.*

*Deacon* Gracious God, you said, “Let light shine out of darkness,” and you have shone that light in our hearts, increasing our knowledge of your glory in the face of your Son, Jesus Christ. Hear our prayer as we bring before you the concerns of our hearts – that we and the whole world would be transformed into the likeness of your Son, the true Light.

*All may kneel, sit or stand. After each petition, the Intercessor says:*

Lord, in your mercy,

*People* **Hear our prayer.**

*The Celebrant adds a concluding Collect.*

Loving God, you have led us to this place, not to shield us from heartache and the pain of human life, but to heal us and inspire us, to gently redirect us, until we see the world as you do, love it with your love and brighten it with your light. In the name of Jesus, we pray.

*People* **Amen.**

**Confession of Sin and Absolution**

*Deacon* Let us confess our sins against God and our neighbor.

*All* **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Priest* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*People* **Amen.**

**The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*The people greet one another with a sign of God’s peace.*

*All are seated.*

**Announcements**

**The Holy Communion**

*Samuel Sebastian Wesley*

**At the Offertory, Anthem**  
 Thou wilt keep him in perfect peace, whose mind is stayed on thee. The darkness is no darkness with thee, but the night is as clear as the day: The darkness and the light to thee are both alike. God is light, and in him is no darkness at all. O let my soul live, and it shall praise thee. For thine is the Kingdom, the power, and the glory, for evermore.

*Words:* Isaiah 26:3, Psalm 139:11, John 1:5, Psalm 119:175, The Lord’s Prayer

*All may stand.*

**At the Presentation, Hymn**

NOVA VITA

