

THE EPISCOPAL CHURCH OF THE  
**Heavenly Rest**

## Welcome!

We're so glad you're here. Church of the Heavenly Rest is a spiritual home where everyone can experience God's love in the ways that we care for one another. Together, as a community, we share our gifts and build bridges to our neighbors. We are a parish committed to discipleship and reconciliation. Please introduce yourself to the clergy after the service; we would love to meet you.

### The Service Today

The order of service can be found in the leaflet; page numbers refer to the Book of Common Prayer and the hymnal found in the pews. All are welcome to receive Holy Communion here. We believe that it is God's table, that God sets it for anyone who is hungry: here, God never turns anyone away. If you'd rather come forward for a blessing, please indicate that by crossing your arms over your chest.

## Today at Heavenly Rest

### Nursery Care and Sunday School in the Undercroft

Nursery Care for children from newborn to three years old – 9am.  
Sunday School – 9:30am.

### Children's Chapel

Children ages three through third grade are welcome to join us for a simple service with lessons and crafts - during the 10:30am service.

### Sunday Forum in the Grey Room

Our faith is grounded in our sacred stories. This spring and summer we will explore twenty of these stories together in a new way, led by members of our Christian Formation Faculty. You are invited to be part of the conversation - help us pick out the Bible's Top 20 for this deep dive into scripture! This Sunday our Rector, Matt Heyd, will lead the group in choosing stories from the list we made last week. All are welcome - 9:35am.

### Retro Coffee Hour

Today's special coffee hour features "luncheon and tea party" dishes chosen by parishioner, Holly Hughes, from vintage Heavenly Rest community cookbooks. Join us after the 10:30am service.

### Questioning Faith

There is no Questioning Faith today - we will resume next Sunday at noon.

### Night Prayer in the Chapel

Using chant, prayer, and meditation by candlelight, this Compline Service bridges Sunday night and the beginning of the week - 7pm.

### OUR CLERGY want to hear from YOU!

The Rev. Matthew Heyd, Rector [mheyd@heavenlyrest.org](mailto:mheyd@heavenlyrest.org)

The Rev. Cynthia Stravers, Associate Rector [cstravers@heavenlyrest.org](mailto:cstravers@heavenlyrest.org)

The Rev. Tuesday Rupp, Associate Rector [trupp@heavenlyrest.org](mailto:trupp@heavenlyrest.org)

The Rev. Anne Marie Witchger, Assistant Rector [amwitchger@heavenlyrest.org](mailto:amwitchger@heavenlyrest.org)

Church Office 212-289-3400

[www.heavenlyrest.org](http://www.heavenlyrest.org)

# THE MESSENGER

April 15, 2018 | The Third Sunday of Easter

## Weekly Services

### SUNDAYS

8am, 9am, 10:30am & 7pm

MONDAYS Meditation – 6:15pm

WEDNESDAYS Noon & 6:30pm

SATURDAYS Noon

WEEKDAYS Morning Prayer – 8am

### DAILY

Open daily for prayer & meditation  
7:30am - 7pm



Church of the Heavenly Rest



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# COMING UP

## PARISH LIFE

### Adult Confirmation

Interested in being confirmed, received into the Episcopal Church, or just learning more about what it means to be member of our faith? You are invited to participate in our Adult Confirmation classes, **Wednesdays** from **7pm-8pm** in the church. Register with the Rev. Tuesday Rupp at [trupp@heavenlyrest.org](mailto:trupp@heavenlyrest.org).

### Welcoming Bishop Shin on April 29!

We are honored that our Bishop Allen K. Shin, will be at our Eucharist of Confirmation and Reception on **Sunday, April 29** at **10:30am**.

### Heavenly Lights Art Show Opening

You are invited to our first CHR All-Parish Art Show Gallery opening reception on **Friday, May 4** from **6pm-8pm** in the **undercroft**. Come and celebrate the creativity of our community! Please RSVP to Mia Moore-Ray at 212-289-3400 or by emailing [artshow@heavenlyrest.org](mailto:artshow@heavenlyrest.org).

### Upcoming Thrift Sale

Come shop our next sale on **Saturday, May 5** from **10am-4pm**. We are accepting donations of men's, women's and children's clothing, housewares, small appliances, sports equipment, toys, and costume jewelry. We also accept fine knick knacks for our 'special finds' table. Please mark your calendar for this fun event that benefits our church – and remember CHR when clearing out closets and apartments.

### Trivia Night

Calling all know-it-alls, Jeopardy fans, and founts of useless information! Please join us for a night of absolutely trivial fun and fellowship on **Friday, May 11** from **6:30pm-8pm** in the **undercroft**. Playing in teams, you'll test your knowledge of movie gossip, science factoids, sports stats, and obscure moments in history. Want to help with planning? Please contact quizmaster, Holly Hughes at [hollahugh@aol.com](mailto:hollahugh@aol.com).

## Our Prayers

**We have been asked to pray for these people:** Art, Zach, Jim and Rosalee, Sofie, Angelica, Anna, Mary Elizabeth, Harvey and Nelda, Stacy, Patty, Philip, Barbara, Amber, Jane, Helen, Betsy.

**Repose of the souls:** Peggy Oswald, Jane Bastian, Clarence McCallis, Honey Reynoso.

If you or a member of your family is in need of pastoral care or for any reason would like to request prayers or a visit from one of our clergy, please call the church office at **212-289-3400**.

## ARTS & SPIRITUALITY

### Scripture and Storytelling

The Rt. Rev'd. Neff Powell will present an introduction to the art of storytelling, followed by "The Bible in Fifteen Minutes" as well as the finding of Bible stories in fine art. There is no charge for this event at **House of the Redeemer (7 East 95th Street)** this **Tuesday, April 17** at **6:30pm**.

### Heavenly Lights: CHR Art Show Submissions

You are invited to submit your own work of art as part of our first all-parish art show coming up on **Friday, May 4**. Please register your submissions online for review using our Wufoo form by **tomorrow, April 16**. Art will be due **Friday, April 20**. For more information, contact the Rev. Tuesday Rupp, [trupp@heavenlyrest.org](mailto:trupp@heavenlyrest.org), 212-369-0859.

## OUTREACH

### Raising My Voice Graduation

As part of our ongoing Outreach commitment to Prison Reentry Ministries, we are hosting our third cycle of a 12-week public speaking program for formerly incarcerated men and women with *Circles of Support*, one of our partner organizations. Parishioners are invited to volunteer at the *Raising My Voice* graduation ceremony and celebration **tomorrow, April 16** at **6pm** at the church. To sign up, e-mail [outreach@heavenlyrest.org](mailto:outreach@heavenlyrest.org).

### Race4Reentry

Join CHR parishioners at the Race4Reentry this coming **Saturday, April 21!** This is an opportunity to support an impactful prison reentry ministry, get some exercise, and enjoy fellowship with other volunteers. You can walk or run. All ages and abilities welcome! Visit <https://www.race4reentry.com/> or email Caitlin Caruso-Dobbs at [outreach@heavenlyrest.org](mailto:outreach@heavenlyrest.org) to sign up for our Church of the Heavenly Rest team.

## Did You Know?

This weekend our confirmands went on a retreat with the Rev. Tuesday Rupp and Andrew Ogletree. We asked them to take over our social media account for the weekend and share their experience. Check out our Instagram or Facebook page for photos!

### WARDENS & VESTRY

Wardens: Caroline Williamson, Evan Davis | Treasurer: Douglas McIntyre  
Vestry: Lucy Appert, PJ Camp, Ann Collins, Lindsey Counts, Sally Cummins, Ted Donovan, Josh Doyle, Karen Holmberg, Adam MacDonald, Robin Pelkki, Rikki Tahta, Allyson Tang, Gail Zimmermann