

THE EPISCOPAL CHURCH OF THE
Heavenly Rest

Welcome!

We're so glad you're here. Church of the Heavenly Rest is a spiritual home where everyone can experience God's love in the ways that we care for one another. Together, as a community, we share our gifts and build bridges to our neighbors. We are a parish committed to discipleship and reconciliation. Please introduce yourself to the clergy after the service; we would love to meet you.

The Service Today

The order of service can be found in the leaflet; page numbers refer to the Book of Common Prayer and the hymnal found in the pews. All are welcome to receive Holy Communion here. We believe that it is God's table, that God sets it for anyone who is hungry: here, God never turns anyone away. If you'd rather come forward for a blessing, please indicate that by crossing your arms over your chest.

Today at Heavenly Rest

Nursery Care and Sunday School in the Undercroft

Nursery Care for children from newborn to three years old - 9am.

Sunday School - 9:30am.

Children's Chapel

Children ages three through third grade are welcome to join us for a simple service with lessons and crafts - during the 10:30am service..

Sunday Forum in the Grey Room

Our faith is grounded in our sacred stories. This spring and summer we will explore 20 of these stories together in a new way, led by members of our Christian Formation Faculty. You are invited to be part of the conversation - help us pick out the Bible's Top 20 for this deep dive into scripture! - 9:35am.

Thrift Sunday Celebration

Join us as we celebrate one of our most important and well-known CHR traditions and celebrate the upcoming sale on **Saturday, May 5**.

Birthday Sunday Coffee Hour

Immediately following the 10:30am service. Come meet other members of Heavenly Rest for conversation, coffee, and birthday cake!

Questioning Faith in the Grey Room

Sacred stories have a way of mirroring lived experiences. Where do you see stories of the Bible out in the world - in books, films, songs, the front page of the newspaper? How does recognizing the story help us understand their meaning? All are welcome - **Noon**.

Night Prayer in the Chapel

Using chant, prayer, and meditation by candlelight, this Compline Service bridges Sunday night and the beginning of the week - **7pm**.

OUR CLERGY want to hear from YOU!

The Rev. Matthew Heyd, Rector mheyd@heavenlyrest.org

The Rev. Cynthia Stravers, Associate Rector cstravers@heavenlyrest.org

The Rev. Tuesday Rupp, Associate Rector trupp@heavenlyrest.org

The Rev. Anne Marie Witchger, Assistant Rector amwitchger@heavenlyrest.org

Church Office **212-289-3400**

www.heavenlyrest.org

THE MESSENGER

April 8, 2018 | The Second Sunday of Easter

Weekly Services

SUNDAYS

8am, 9am, 10:30am & 7pm

MONDAYS Meditation - 6:15pm

WEDNESDAYS Noon & 6:30pm

SATURDAYS Noon

WEEKDAYS Morning Prayer - 8am

DAILY

Open daily for prayer & meditation
7:30am - 7pm



Church of the Heavenly Rest



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COMING UP

PARISH LIFE

Adult Confirmation

Interested in being confirmed, received into the church, or just learning more about what it means to be Episcopalian? You are invited to participate in our Adult Confirmation classes, **Wednesdays** from **7pm-8pm** in the **church**. Register with the Rev. Tuesday Rupp at trupp@heavenlyrest.org. Class started this past Wednesday, but we still welcome new participants!

Heavenly Lights: CHR Art Show Submissions

You are invited to submit your own work of art as part of our first all-parish art show coming up on **Friday, May 4**. Please register your submissions online for review using our Wufoo form by **Monday, April 16**. Art will be due **Friday, April 20**. For more information, contact the Rev. Tuesday Rupp, trupp@heavenlyrest.org, 212-369-0859.

Trivia Night

Calling all know-it-alls, Jeopardy fans, and founts of useless information! Please join us for a night of absolutely trivial fun and fellowship on **Friday, May 11** from **6:30pm-8pm** in the **undercroft**. Playing in teams, you'll test your knowledge of movie gossip, science factoids, sports stats, and obscure moments in history. There'll be snack foods and a cash bar. Want to help with planning? Please contact quizmaster, Holly Hughes at hollahugh@aol.com.

Retro Coffee Hour

The World's Greatest Coffee Hour returns on **Sunday, April 15**, with the second annual "Retro Coffee Hour." Produced by CHR parishioner and food historian Holly Hughes, this event features dishes from vintage Heavenly Rest cookbooks. Interested in making some deliciously dated recipes? Please contact Holly Hughes at hollahugh@aol.com and help us re-visit a slice of our church's culinary past!

Our Prayers

We have been asked to pray for these people: Art, Zach, Jim and Rosalee, Sofie, Angelica, Anna, Mary Elizabeth, Harvey and Nelda, Stacy, Patty, Philip, Barbara, Holly, Emma and her family, Amber, Jane, Helen, Betsy.

Rest of the souls: Peter Frelinghuysen, Catherine Felleman, Cornelia Lowerre, Sylvia Appenzeller, Peggy Oswald, Jane Bastian, Clarence McCallis.

If you or a member of your family is in need of pastoral care or for any reason would like to request prayers or a visit from one of our clergy, please call the church office at **212-289-3400**.

Upcoming Thrift Sale

Come shop our next sale on **Saturday, May 5** from **10am-4pm**. We are accepting donations of men's, women's and children's clothing, housewares, small appliances, sports equipment, toys, and costume jewelry. We also accept fine knick knacks that we sell at our 'special finds' table. Please mark your calendar for this fun event that benefits our church – and remember CHR when clearing out closets and apartments. Donations accepted at Fifth Avenue entrance (tax receipt available).

OUTREACH

Raising My Voice Graduation

As part of our ongoing Outreach commitment to Prison Reentry Ministries, we are hosting our third cycle of a 12-week public speaking program for formerly incarcerated men and women with *Circles of Support*, one of our partner organizations. Parishioners are invited to volunteer at the *Raising My Voice* graduation ceremony and celebration on **Monday, April 16** at **6pm** at the **church**. To sign up, e-mail outreach@heavenlyrest.org.

Race4Reentry

Join CHR parishioners at the Race4Reentry on **Saturday, April 21!** This is an opportunity to support an impactful prison reentry ministry, get some exercise, and enjoy fellowship with other volunteers. You can walk or run. All ages and abilities welcome! Visit <https://www.race4reentry.com/> or email Caitlin Caruso-Dobbs at outreach@heavenlyrest.org to sign up for our Church of the Heavenly Rest team.

CHR COMMUNITY NOTES

New jobs and projects: **Lucy Appert** recently started a new job as Director of the Office of Educational Technology for the Faculty of Arts and Science at NYU. Volcanologist, **Karen Holmberg**, has been in Chile doing field work to help conserve the cultural heritage and geoheritage in Chaiten, northwestern Patagonia, as the town continues to recover from a volcanic eruption in 2008.

Awards: **RaNae Merrill's** book, *Free-Motion Mastery in a Month*, was voted Best New Quilting Product of 2018 at the Vacuum and Sewing Machine Dealers Trade Association show in Charlotte, North Carolina.

Births: Congratulations to **Karen and Jeff Hughes** on the birth of their granddaughter Madeleine Toohey Hughes (daughter of their son Andrew) and to **Jim DeWoody** on the birth of his grandson, Graydon Earle DeWoody (son of his son Carlton).

Got news to share? E-mail communications@heavenlyrest.org.

WARDENS & VESTRY

Wardens: Caroline Williamson, Evan Davis | Treasurer: Douglas McIntyre

Vestry: Lucy Appert, PJ Camp, Ann Collins, Lindsey Counts, Sally Cummins, Ted Donovan, Josh Doyle, Karen Holmberg, Adam MacDonald, Douglas McIntyre, Robin Pelkki, Rikki Tahta, Allyson Tang, Gail Zimmermann